

Project Focus

Are you concerned about a family member's use of alcohol or other drugs?

Do you have a family member in recovery or are in recovery yourself?

Project Focus is a FREE support program for parents, caring adults, and youth ages 6-15.

Separate youth and adult groups learn:

- Skills to reduce anxiety
- Healthy ways to care for self
- How addiction works and how families are affected
- To see that you are not alone!

Youth groups use fun activities to teach at an age-appropriate level.

Dinner is provided nightly.

FREE Childcare is also available for children ages 3-5 years old.

**Held Mondays:
February 8 & 22, 2010
March 8 & 22, 2010
April 12 & 26, 2010
6:00 — 8:00 pm**

**Christ United Methodist Church
34385 Garfield Road
Fraser, MI 48026**

**Call now for more information and
to receive a registration packet.
586.541.0033 or visit www.careofmacomb.com**



CARE

Real solutions for real life

CARE is an agency that promotes the empowerment of individuals and families through relationships with schools, businesses, public services and other community based organizations. Solution-focused programs and activities are designed to strengthen individuals in their role as employees, students and as family members.

CARE (Community Assessment Referral and Education) is dedicated to the prevention of alcohol, tobacco and other drug use. Federal, state, and local funding have been provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs.

Recipients of substance use services have rights protected by state and federal law and promulgated rules. For information, contact CARE Recipient Advisor, 31900 Utica Road, Fraser, MI 48026, PH: 586.541.0033 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan.